

List of medications to avoid

Antihistamines

NASAL SPRAYS

Astelin/Astepro

Patanase

EYE DROPS

Bepreve

Elestat

Optivar

Pataday

Zaditor

OTC allergy eye drop

ORAL

Alavert

Allegra, Allegra D

Claritin, Claritin D

Clarinex, D-12 hr, D-24 hr

Zyrtec, D-12 hr

Atarax, Vistaril (Hydroxyzine)

Ah-Chew

Actifed

Atrohist

Bendadryl
(diphenhydramine)

Bromfed, Bromfed PD

Chlortrimeton,
Chlorpheniramine

Dimetane

Dimetapp

Drixoral

Duratap

Endal

Extendryl

Histussin

Kronofed

Naldecon

Novahistine

Periactin (Cyproheptadine)

Rescon, Rescon Jr.

Rondec

Ru-Tuss

Rynatan

Tavist (Clemastine), Tavist D

Triaminic Orange, Triaminic
Nite Lite (purple)

Tylenol Cold

Xyzal

Anti-Reflux/ Ulcer Medications

Axid

Zantac

Tagamet

Pepcid

Anti-Nausea Medications

Phenergan

Compazine

Tigan(trimethobenzamide)

Antidepressants

Desipramine

Imipramine

Norpramin

Tofranil

Doxepin-Sinequan

Elavil-Amitriptyline

Pamelor-Nortriptyline

Surmontil-Trimipramine

Anafranil-Clomipramine

PLEASE NOTE: This is not a complete list of available antihistamines. Please contact your pharmacist if you have any questions about your medications.